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## *Author Panel Featuring Jon Morgan Woodward, John Carvalho and Nadia Sahari*

### Date/Time

Mar 19, 2015  
06:30 PM until 09:00 PM

### Description

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## Most Popular

### 27 Reasons to Love San Diego

Our annual list of all things San Diego and rad—from kiteboarding to urban farming to a city-wide book club

### San Diego New Year's Eve Guide

Ring in 2015 at these parties, concerts, dining, and family-friendly events

### 25 BIG Ideas

Fascinating San Diego people inspire us with big, bold ideas on everything from genomics to urban planning, art to architecture, food and more

### I Tried It: The New Jazzercise

When I hear the word "Jazzercise," neon leotards, leg warmers, headbands, and old ladies come to mind

### Get Fit & Have Fun in San Diego

From doggie bootcamps to intense bodybuilding programs, it's an exciting time to get in shape. What are you waiting for?

### Food Self-Righteousness Is For Assholes

**ACCLAIMED AUTHORS TO APPEAR AT BARNES & NOBLE IN SAN DIEGO:** Join us on Thursday, March 19 at 6:30 pm for an author panel and book signing featuring John Carvalho, Jon Morgan Woodward, and Nadia Sahari. All four authors have been in the news as of late: Dr. John Carvalho gained notoriety when his book "The Crisis Of Our Time" was published in 2014 and submitted for the Pulitzer Prize; Jon Morgan Woodward, author of "Hidden Valley: The Awakening" and its sequel has been in the spotlight that his book will be made into a feature film, and actress and author Nadia Sahari wrote the best selling memoir "Break Away: The Road To Freedom." The three star authors recently held a Hollywood red carpet event and now will be in San Diego for an exclusive engagement at Barnes & Noble. Join them on March 19th!

### Cost

FREE

### Location

Barnes & Noble Bookstore  
Mira Mesa MarketCenter, 10775 Westview Parkway  
San Diego, CA

[View map](#)

### Additional Information

#### Sponsor

Barnes & Noble Bookstore

#### Phone

858-684-3166

**Contact name**

Valerie

**Contact email**

crm2984@bn.com

**Website**

<http://store-locator.barnesandnoble.com/event/4834170>

*We make every effort to ensure the accuracy of this information. However, you should always call ahead to confirm dates, times, location, and other information.*

Gawker calls foie gras eaters lots of bad names. A response.



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